

Sun	Mon	Tue	Wed	Thu	Fri	Sat
23	24	25	26	27	28	1
2	3	4	5	6	7	8
9	10	11	12	13 6pm - CN BANQUET MPR	14	15
16	17	18	19	20	21	22
23 7pm - LRG WORKOUTS	24	25	26 7pm - LRG OPEN GYM	27	28	29
30 7pm - LRG WORKOUTS	31	1	2 7pm - LRG OPEN GYM	3 3:30pm - SMG	4	5